

**Annual
Progress
Report**

2015

January 1 – September 30, 2015 (9 month fiscal year cycle)



**Social Health Association
of Indiana, Inc.**

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Social Health Association of Indiana, Inc. Annual Progress Report 2015

2015

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"Social Health Association fosters successful lives by encouraging youth to make responsible choices and adopt healthy behaviors."

Who we are

Established in 1943, SHA's mission is to foster successful lives by encouraging youth to make responsible choices and adopt healthy behaviors. SHA has provided health education programs to over 130 schools in Indiana for over seven decades. **Last year, SHA impacted 48,108 students, and 3,800 parents and teachers with important educational programming.** SHA has worked diligently to build and foster long-term relationships with school and community partners.

As the social landscape grows increasingly complex, SHA delivers the vital health and social education youth need to lead healthy lives and make responsible life choices. The scope of services being requested by schools has diversified significantly in the last decade and SHA delivers effective evidence-based and medically accurate programming to students, parents, and teachers in the areas of: human growth; social development; teen pregnancy prevention; sexually transmitted disease (STD) prevention; bullying and dating violence prevention; and kindness, diversity, and peer acceptance. The demand for these programs is so great that the number of instructional classroom hours SHA delivers annually has increased by 100% in the last three years!

Programs

- **Step Up for Kindness!™** (grades K-8): Launched in 2014, our bullying prevention curriculum teaches kindness, empathy, compassion and skills to have healthy peer relationships and prevent bullying. Over 60 Indiana Academic Standards are met through this program!
- **Human Growth & Development** (grades 4-6): Age-appropriate, gender-specific programs that teach students how to take care of their growing bodies during puberty. Parent Education sessions are provided as a component of this program. 37 Indiana Academic Standards are achieved in this program!
- **Making A Difference!™** (grade 7): This abstinence-based curriculum provides students with the knowledge, confidence and skills needed to reduce their risk of sexually transmitted diseases (STDs) and teen pregnancy. Endorsed by the Centers for Disease Control (CDC), this program meets 48 Indiana Academic Standards.
- **CARE™ (Communicating with And Respecting Each other)** (grade 8): Helps teens learn how to effectively communicate to have healthy dating relationships and addresses teen dating violence prevention.



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**48,108 Youth Impacted by SHA programs
in the 2014-2015 School Year**



134,740 Educational Program Hours Provided!

Step Up for Kindness!™ = 45,550 hours
Human Growth & Development = 34,300 hours
CARE™ = 15,330 hours
Making A Difference!™ = 39,560 hours

SHA Staff -- August 2015



SHA Staff

Tonja L. Eagan, MPA, CFRE
Chief Executive Officer

Angela Bridge,
Director of Strategic
Partnerships

Stephanie Laskey,
Director of Programs &
Evaluation

Jamie Riedeman,
Chief Financial Officer

Dani Roth-Larrison,
Bookkeeper & HR Assistant

Jasmine Elizondo De Anda,
Manager of Scheduling

Jess Halterman,
Executive Assistant

Xinyi Zhao, Intern

James Storms, Intern

Izabella Robinson, Intern

Health Educators

Doreen Fatula,
Education Team Coor.

Nancy Bielefeld

Tammi Broadus

Emily Clendenen

Paula French

Shelby Goodnight

Susan Hebert

Janet Kamiri

Andrea Kamwendo

Jody Kiemeyer

Kristi Kimberlin

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Mary-Margaret Sweeney



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Individual Supporters

We are also extremely grateful to the numerous individual Donors who invest generously in the Social Health Association.

100% of SHA's Board of Directors and 100% of staff members donate to support our programs.

Our sincerest appreciation is extended to the family and friends who supported the **Emily Bond Gilchrist Memorial Fund** established in honor of SHA's former Board member, Emily Bond Gilchrist.

Donations may be made on-line at www.socialhealth.org or by mailing a check payable to Social Health Association.

Grant Support

Angie's List Foundation
Brave Heart Foundation
Central Indiana Community Foundation
Department of Child Services
Downtown Optimists Club
Health Care Education & Training
Hoover Family Foundation
Impact 100 of Greater Indianapolis
Indiana Family Health Council
Indiana State Department of Health
Indianapolis Foundation
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Samerian Foundation
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Figures & Finances

(9-month fiscal year January 1 – September 30, 2015)

